

Personal information

Surname / First name	YACOUB Mona-Rita
E-mail	
Nationality	French, Italian and Egyptian (born in France, in Italy since 1993)
Date of birth	25/07/1978
Gender	Female

Work experience

Actual affiliation: Assistant at the Unit of Immunology, Rheumatology, Allergy and Rare diseases (UnIRAR) at San Raffaele Hospital, via Olgettina 60- 20132 Milan (Italy)

2016/10, in course	Assistant at the Unit of Immunology, Rheumatology, Allergy and Rare diseases of San Raffaele Hospital of Milan
2014/10, in course	Educational activity at the “Università Vita e salute San Raffaele” for the international MD course (English language), in the field of Allergy
2009/10-2016/09	Allergist consultant in Day Hospital Unit for allergic patients
2009/06, 2014/04	Contract for the surveillance of adverse drug reactions (Farmamonitor, Lombardy Region)
2007/04-2016/09	Allergist consultant for internal patients at San Raffaele hospital (hospitalized, pre-surgical, and employees)
2008/06, in course	Educational activity at the “Università Vita e salute San Raffaele” for the MD course (Italian language), in the field of Allergy
2007/04- in course	Role of subinvestigator in clinical trials in the field of allergic diseases- Last GCP certificate: January 2015 (Module 1 to 5) and May 2015 (Module 6 to 8).
2007/11- 2009/12	Scientific collaboration with “Università Vita-Salute San Raffaele” on the research project entitled: “induced sputum test: usefulness in patients suffering from chronic cough”
2007/02 to 2007/11	Educational activity in collaboration with the pharmacy department of Pavia University (Allergy training for pharmacists entitled “ the pharmacist and allergies”.

Education and training

2012, July

PhD degree in Molecular medicine

PhD Project title: Chronic rhinosinusitis with polyps: pilot study on immunological dysregulation and role of aeroallergen sensitization in phenotypes definition

2006, October

Master in biomedical sciences, clinical research, with praise at the University of Montreal

Master thesis title: Multidimensional Assessment of Sequelae due to Occupational Asthma.

2004/09-2005/08

Fellowship at the "Hôpital du Sacré-cœur de Montréal" ("Asthma in the workplace", (http://www.asthma-workplace.com/yacoub_e.php): clinical experience regarding occupational asthma in the chest department, under the supervision of Dr Jean-Luc Malo (Department head). Responsible of a scientific study entitled « Évaluation multidimensionnelle des séquelles dues à l'asthme professionnel. (Multifactorial evaluation of impairment/disability due to occupational asthma).

23/10/2006

Residency graduation in Allergy and Clinical Immunology at the University of Pavia (Faculty of Medicine).

Thesis title: "Asma professionale: valutazione del danno e dell'inabilità." (Occupational asthma: evaluation of impairment and disability)

Final mark: 50 /50 with praise.

Residency school of Allergy and Clinical Immunology at the University of Pavia. Clinical and research practice at the Allergy and Immunology Unit, Fondazione "Salvatore. Maugeri", Institute of Care and Research, Scientific Institute of Pavia, Italy, under the supervision of Dr Gianna Moscato (department head).

2002-2006

Clinical practice in Day Hospital and out-patients Allergy Unit: Respiratory allergic diseases, skin diseases, food allergy, drug allergy

24.10.2002

Medical Degree at the University of Milan (Faculty of Medicine and Surgery).

Thesis title: "studio della sensibilizzazione a polline di artemisia e proteine della pesca: identificazione degli allergeni comuni e dimostrazione della loro cross-reattività." (Study of the sensitization to ragweed pollen and peach protein: identification of common allergens and demonstration of their cross-reactivity). Allergy and Clinical Immunology at the University of Milan. Clinical and research practice at the Allergy and Immunology Unit, Policlinico di Milano", under the supervision of Prof. Elide Anna Pastorello (department head)

Title of qualification awarded

Medical degree in Medicine (2002)
Residency in Allergy and Clinical Immunology (2006)
Master in Biomedical research, clinical research (2006)
PhD molecular medicine (2012)

Other

Member of SIAAIC (Italian Society of Allergy, Asthma and Immunology) board and manager of the Food Allergy Area.

Member of AAITO (Hospital and territorial Allergist and Immunologist Association)

Member of EAACI (European Academy of Allergy and Clinical Immunology)

Principal subjects/occupational skills covered

Physician and researcher in the field of Allergic diseases

Level in national or international classification

MD, Msc, PhD

Personal skills and competences

Mother tongue)

French

Other language(s)

Italian, English, German and Egyptian

Self-assessment

European level (*)

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	Writing
Yes	yes	yes	yes	yes
Yes	yes	yes	yes	yes
Yes	no	yes	yes	no

Italian

English

Egyptian

Social skills and competences

Technical and computer skills and competences

Office package

Other skills and competences

Ability for team working

Positive attitude

Adaptation capacity

Diligence

Interest in the field of Clinical Research

Driving license

Car cat. B

Annexes

I

Papers

ANNEX 1

- 1- **Yacoub M-R**, Perfetti L, Galdi E, Pignatti P, Moscato G; Descrizione di un caso clinico di una paziente con angioedema ereditario diagnosticato in età avanzata; Giorn It Allergol Immunol Clin 2004;14:90-92.
- 2- **Yacoub M-R**, Lemiere C, Malo J-L. Asthma caused by cyanoacrylate used in a leisure activity. J Allergy Clin Immunol. 2005;116(2):462.
- 3- Moscato G, Pignatti P, **Yacoub M-R**, Romano C, Spezia S, Perfetti L. Occupational asthma and occupational rhinitis in hairdressers. Chest. 2005;128(5):3590-8.
- 4- **Yacoub M-R**, Lemiere C, Labrecque M, Malo J-L. Occupational asthma due to bethabara wood dust. Allergy. 2005;60(12):1544-5.
- 5- **Yacoub M-R**, Malo J-L, Labrecque M, Cartier A, Lemiere C. Occupational eosinophilic bronchitis. Allergy. 2005;60(12):1542-4.
- 6- Pignatti P, Brunetti G, Moretto D, **Yacoub M-R**, Fiori M, Balbi B, Balestrino A, Cervio G, Nava S, Moscato G. Role of the Chemokine Receptors CXCR3 and CCR4 in Human Pulmonary Fibrosis. Am J Respir Crit Care Med. 2006;173 (3):310-7.
- 7- **Yacoub M-R** , Lavoie K, Lacoste G, Daigle S, L'Archevêque J, Ghezze H, Lemièrè C, Malo J-L. Assessment of impairment/Disability due to Occupational Asthma through a Multidimensional Approach. Eur Respir J. 2006
- 8- Moscato G., **Yacoub M-R**. World Trade Center disaster: short- and medium-term health outcome. Monaldi Arch Chest Diseases. 2007, 67 (3): 154-8.
- 9- Incorvaia C, **Yacoub M-R**, Riario-Sforza G, Pravettoni C, Megali R, Frati F. Incidence and characteristics of hospital acquired pneumonia in a pulmonary rehabilitation department. Med Sci Monit. 2008;14 (4):CR196-198.
- 10- Incorvaia C, Riario-Sforza GG, Pravettoni C, **Yacoub M-R**, Frati F. Impairment of small airways in COPD patients with frequent exacerbations and effects of treatment with tiotropium. Int J Chron Obstruct Pulmon Dis. 2008;3 (1):123-6.
- 11- Moscato G, Vandenplas O, Gerth Van Wijk R, Malo JL, Quirce S, Walusiak J, Castano R, De Groot H, Folletti I, Gautrin D , **Yacoub M-R**, Perfetti L, Siracusa A. Occupational rhinitis. Allergy. 2008;63 (8):969-80.
- 12- Incorvaia C, **Yacoub M-R**, Rapetti A, Capelli, Qualizza R, Bramè B, Riario-Sforza G. Do environmental measures improve QoL in mites-induced allergic rhinitis? Giorn It Allergol Immunol Clin 2008; 18: 18-21
- 13- Incorvaia C, Frati F, Puccinelli P, Marcucci F, Di Cara G, Sensi L, Scurati S, **Yacoub M-R**, Moingeon P. Effects of sublingual immunotherapy on allergic inflammation. Inflamm Allergy Drug Targets. 2008;7 (3):167-72.
- 14- **Yacoub M-R**, Perfetti L, Pignatti P, Frascaroli M, Caminati M, Moscato G. Usefulness of induced sputum in investigating occupational asthma with normal responsiveness to methacholine: A case report. J Allergy Clin Immunol. 2008
- 15- Incorvaia C, Pravettoni C, Mauro M, **Yacoub M-R**, Tarantini F, Riario-Sforza GG. Effectiveness of omalizumab in a patient with severe asthma and atopic dermatitis; Monaldi Arch Chest Dis. 2008;69 (2):78-80.

- 16- Ariano R, Incorvaia C, La Grutta S, Marcucci F, Pajno G, Sensi L, Di Cara G, Sieber J, **Yacoub M-R**, Frati F; Safety of sublingual immunotherapy started during the pollen season. *Curr Med Res Opin.* 2009;25(1):103-7.
- 17- Moscato G, Vandenplas O, Van Wijk RG, Malo JL, Perfetti L, Quirce S, Walusiak J, Castano R, Pala G, Gautrin D, De Groot H, Folletti I, **Yacoub M-R**, Siracusa A; EAACI position paper on occupational rhinitis. *Respir Res.* 2009;10:16.
- 18- G. Colombo, **M-R.Yacoub**, S.E. Burastero, E.Garattini, S.Girlanda,N. Saporiti, F. Salvo, MG. Sabbadini; Multiple drug hypersensitivity: insight into the underlying mechanism and correlation with autoimmune diseases; *Eur Ann Allergy Clin Immunol.* 2009;41(2):50-5.
- 19- Riario-Sforza GG, **Yacoub M-R**, Incorvaia C. Pulmonary Rehabilitation as Evaluated by Clinical Trials: An Overview. *Rev Recent Clin Trials.* 2010
- 20- **M-R. Yacoub**, E. Savi, S.E Burastero, S. Dal Farra, C. Mason, S. Pecora and G. Colombo; omega-5 gliadin anaphylaxis: an integrated diagnostic approach. *Eur Ann Allergy Clin Immunol.* 2011;43(3):92-4.
- 21- Lombardi C, Canonica GW, Passalacqua G; IGRAM, Italian Group on Respiratory Allergy in Migrants (Antonicelli L, Ariano R, Asero R, Berra D, Bignardi D, Corsico A, Costantino MT, Crivellaro M, Gani F, Folletti I, Incorvaia C, Liccardi G, Marcer G, Marogna M, Milanese M, Minale P, Musarra A, Nebiolo F, Ridolo E, Rolla G, Senna G, Schiappoli M, Siracusa A, Voltolini S, **Yacoub M-R**, Zanon P. The possible influence of the environment on respiratory allergy: a survey on immigrants to Italy. *Ann Allergy Asthma Immunol.* 2011;106(5):407-11.
- 22- AAITO-IFIACI Anisakis Consortium (Heffler E, Nebiolo F, Rizzini FL, Tosoni C, Cinquini M, Colombo G, **Yacoub M-R**, Mason C, della Torre F, Manzotti G, Asero R, Conte M, Senna G, Crivellaro M, Villalta D, De Carli M, Renato A, Bertolini C, Minale P, Ridolo E, Olivieri E, Emiliani F, Quercia O, Savi E, Peveri S, Cortellini G, Cecchi L, Macchia D, Capretti S, Antonicellia L, Bilò MB, Polillo BR, Bresciani M, Greco E, Murzilli F, Colangelo C, Di Rocco PC, Di Claudio F, Cervone M, Rapone C, Cichella S, Lo Schiavo M, Gargano D, Montera MC, Pio A, Pezzuto F, Munno G, Giannoccaro F, Longo R, Arena A). Anisakis hypersensitivity in Italy: prevalence and clinical features: a multicenter study. *Allergy.* 2011;66(12):1563-9. 18.
- 23- **Yacoub M-R**, Colombo G, Marcucci F, Caminati M, Sensi L, Di Cara G, Frati F, Incorvaia C. Effects of sublingual immunotherapy on allergic inflammation: an update. *Inflamm Allergy Drug Targets.* 2012;11(4):285-91.
- 24- Della-Torre E, Pignatti P, **Yacoub M-R**, Sabbadini MG, Colombo G. In vivo tests with "Tahini" sauce: new allergenic source to evaluate IgE-mediated hypersensitivity to sesame. *Ann Allergy Asthma Immunol.* 2013;110(3):209-10.
- 25- Della-Torre E, **Yacoub M-R**, Pignatti P, Della-Torre F, Sabbadini MG, Colombo G, Tresoldi M. Optimal management of DRESS syndrome in course of infectious endocarditis. *Ann Allergy Asthma Immunol.* 2013;110(4):303-5.
- 26- Badiu I, Olivieri E, Montagni M, Guida G, Mietta S, Pizzimenti S, Caminati M, **Yacoub MR**, Tombetti E, Preziosi D, Quecchia C, Minetti S, Facchetti S, Fassio F, Massaro I, Corradi L, Turi MC, Colagiovanni A, Pascolini L, Rossi FW, Losappio L, Sansone L, Imbesi S, Leto Barone S, Mistrello G, Heffler E. Italian study on buckwheat allergy: prevalence and clinical features of buckwheat-sensitized patients in Italy. *Int J Immunopathol Pharmacol.* 2013;26(3):801-6.
- 27- Della-Torre E, **Yacoub M-R**, Colombo G. Resuscitation fluids. *N Engl J Med.* 2013;369(25):2462.

- 28- Della-Torre E, Berti A, **Yacoub M-R**, Guglielmi B, Tombetti E, Sabbadini MG, Voltolini S, Colombo G. Proposal of a skin tests based approach for the prevention of recurrent hypersensitivity reactions to iodinated contrast media. *Eur Ann Allergy Clin Immunol.* 2015;47(3):77-85.
- 29- Pignatti P., **Yacoub M-R** MD, Testoni C, Pala G., Corsetti M., Colombo G., Meriggi A., Moscato G. Evaluation of basophil activation test in suspected food hypersensitivity. *Clinical Cytometry*, 2015
- 30- **Yacoub M-R**, Trimarchi M, Cremona G, Dal Farra S, Ramirez GA, Canti V, Della Torre E, Baldini M, Pignatti P, Bussi M, Sabbadini MG, Manfredi AA, Colombo G. Are atopy and eosinophilic bronchial inflammation associated with relapsing forms of chronic rhinosinusitis with nasal polyps?. *Clin Mol Allergy.* 2015;13(1):23.
- 31- Macchia D, Melioli G, Pravettoni V, Nucera E, Piantanida M, Caminati M, Campochiaro C, **Yacoub M-R**, Schiavino D, Paganelli R, Di Gioacchino M; Food Allergy Study Group (ATI) of the Italian Society of Allergy, Asthma and Clinical Immunology (SIAAIC). Guidelines for the use and interpretation of diagnostic methods in adult food allergy. *Clin Mol Allergy.* 2015;13:27.
- 32- Berti A, Della-Torre E, **Yacoub M-R**, Tombetti E, Canti V, Sabbadini MG, Colombo G. Patients with breakthrough reactions to iodinated contrast media have low incidence of positive skin tests. *Eur Ann Allergy Clin Immunol.* 2016 Jul;48(4):137-44.
- 33- **Yacoub M-R**; Berti A.; Campochiaro C.; Tombetti E.; Nico A.; Di Leo E.; Fantini P., Sabbadini MG; Nettis E.; Colombo G. Drug induced Exfoliative Dermatitis: state of the art. *Clin Mol Allergy.* 2016; 22;14:9.
- 34- Della-Torre E, Conti A, Berti A, **Yacoub M-R**, Alessio M. Rituximab hypersensitivity in IgG4-related disease: successful desensitization in a patient with IgG4 rheumatoid factor. *Int J Rheum Dis.* 2017;20(2):276-279.
- 35- Berti A, **Yacoub M-R**, Stahl Skov P, Falkenchrone S, Casati L, Burastero S, Sabbadini MG, Colombo G. Histamine release positive test associates with disease remission in chronic spontaneous urticaria: a proof-of-concept study. *Eur Ann Allergy Clin Immunol.* 2017; 49(4):154-160.
- 36- Ramirez G.A, **Yacoub M-R**, Ripa M, Mannina D, Cariddi A, Saporiti N, Ciceri F, Castagna A, Colombo G, Dagna L. Eosinophils from Physiology to Disease: A Comprehensive Review. *BioMed Research International* Volume 2018, Article ID 9095275, 28 pages

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