

Curriculum vitae

PERSONAL INFORMATION

Maria Cristina Mele



EDUCATION AND TRAINING

1978–1979

First year of University of Science

Simon Fraser University, Vancouver (Canada)

1980–24/02/1986

Degree in Medicine and Surgery

Università Cattolica del Sacro Cuore, Roma (Italy)

Experimental thesis: "Oxygen radicals and Lipid peroxidation in the aging of Human Placenta "

Chair: Prof. E. Moneta

110/110 cum laude

1986

Italian State Examination to obtain the License to practice Medicine and Surgery

Università Cattolica del Sacro Cuore, Roma (Italy)

11/07/1990

Specialization school in Obstetrics and Gynecology

Università Cattolica del Sacro Cuore, Roma (Italy)

Experimental thesis: "Multicentric Study on Nutrition during Pregnancy: A new nutritional questionnaire"

Chair: Prof. G. Palla

50/50 cum laude

1995

Research worker

Università Cattolica del Sacro Cuore, Roma (Italy)

Researcher in Biological Chemistry

1998–2016

Full-time University Researcher and Senior Lecturer

Università Cattolica del Sacro Cuore, Roma (Italy)

05/E1: General Biochemistry- BIO/10: Biochemistry

2016–Present

Full-time University Researcher and Senior Lecturer

Università Cattolica del Sacro Cuore, Roma (Italy)

06/D2: Endocrinology, Nephrology, Food Science and Clinical Nutrition- MED/49: Dietetics and Clinical Nutrition Science

2019–Present

Visiting Professor

Università Cattolica "Nostra Signora del Buon Consiglio", Tirana (Albania)

Visiting professor of "Nutrition Physiology" for the Academic years 2018-2019 and 2019-2020.

WORK EXPERIENCE

1980–1984

Clinical Fellow

Biological Chemistry Institute of "Università Cattolica del S. Cuore", Roma (Italy)

Chair: Prof. A. Castelli

1984–1985 **Clinical Fellow**
Obstetrics and Gynecology Institute of "Università Cattolica del S. Cuore", Roma (Italy)
Chair: Prof. S. Mancuso

1988–1989 **Emergency Medical Service**
ASL LT/4, Latina (Italy)

1990–1991 **Medical doctor**
Medicine Area, General Hospital, Sezze (Italy)

1991–2019 **Medical doctor**
Clinical Nutrition and Dietetics, Fondazione Policlinico "A. Gemelli" - IRCCS, Roma (Italy)

01/07/2019–Present **Director of the Departmental Unit of "Advanced Nutrition in Oncology"**
Fondazione Policlinico "A. Gemelli" - IRCCS, Rome (Italy)

PERSONAL SKILLS

Mother tongue(s) Italian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
[Common European Framework of Reference for Languages - Self-assessment grid](#)

ADDITIONAL INFORMATION

Teaching Activity Professor at the:
- "Degree of Dietetics", at Università Cattolica del Sacro Cuore-sede di Bolzano;
- "Degree of Dietetics", at Università Cattolica del Sacro Cuore-sede di Roma;
-Specialization School of "Clinical Biochemistry"
-Specialization School of "Pneumology"
-Specialization School of "Clinical Pathology"

Editorial Board European Review for Medical and Pharmacological Science (Editorial Board)

Congress Presentations Author of over than 150 posters and oral communications at the principal national and international Congress (SINPE, SINUC, ESPEN, AIFS, etc.)

Publications Author of over 50 publications on several Journals with Impact Factor and some Chapters of books with the principal theme of "Clinical Nutrition".
Citations: 1145
H-index: 16