

Valeria Giorgi, M.D.

Medical doctor with clinical and laboratory research experience, from an international background, and highly motivated in new challenges: scientific, artistic, or otherwise.

Education

INSTITUTION AND LOCATION	DEGREE	START DATE	END DATE	FIELD OF STUDY
Humanitas University (Rozzano, MI)	MD 110/110 <i>Magna cum laude</i>	10/2013	07/2019	Medicine and Surgery – International Medical School
Conservatoire G.Verdi (Milano)	Diploma	10/2005	07/2017	Classical Music: Solfège, Choir, History of music, Harmonical analysis, Chamber music.
Takapuna Gramma School (Auckland, New Zealand)	AFS High School Foreign Exchange Student (one semester)	08/2011	12/2011	
Liceo Classico Tito Livio (Milano)	High School Degree	09/2008	05/2013	Classical Studies

Research Experience

ISTITUTION	LABORATORY	PERIOD	FIELD OF RESEARCH
ASST Fatebenefratelli “Luigi Sacco” University Hospital	Rheumatology Unit	09/2019 - Present	Clinical Rheumatology
Katholieke Universiteit te Leuven (Belgium)	Motor Control & Neuroplasticity Research Group	07/2017	Transcranial Magnetic Stimulation
Humanitas Research Hospital (Rozzano, MI)	Pharmacology and brain pathology	02/2016 - 09/2017	<i>In vitro</i> study of mice brains (focus on Alzheimer’s)

Work Experience

- Rheumatology Unit, ASST Fatebenefratelli “Luigi Sacco” University Hospital:
 - Protocol writer and data manager for clinical trials and clinical databases
 - Writer of publications and reviews
 - Speaker in congresses and patients’ associations
 - Member of the Editorial Board of the annual supplement of *Clinical and Experimental Rheumatology* entirely devoted to Fibromyalgia
- Enabling Medical Internship: Università degli Studi di Milano (11/2019-02/2020)
 - Family Medicine
 - Orthopedic Surgery
 - Physiatry and Rehabilitation medicine
- Piano teacher (2015-2019)
 - Private piano lessons
 - High-intensity preparation for students carrying out their Conservatory exam.

List of publications

1. Sarzi-Puttini P, Giorgi V, Sirotti S, et al. COVID-19, cytokines and immunosuppression: what can we learn from severe acute respiratory syndrome?. *Clin Exp Rheumatol.* 2020;38(2):337-342.
2. Bazzichi L, Giacomelli C, Consensi A, et al. One year in review 2020: fibromyalgia. *Clin Exp Rheumatol.* 2020;38 Suppl 123(1):3-8.
3. Salaffi F, Farah S, Di Carlo M, et al. The Italian Fibromyalgia Registry: a new way of using routine real-world data concerning patient-reported disease status in healthcare research and clinical practice. *Clin Exp Rheumatol.* 2020;38 Suppl 123(1):65-71.
4. Giorgi V, Bongiovanni S, Atzeni F, Marotto D, Salaffi F, Sarzi-Puttini P. Adding medical cannabis to standard analgesic treatment for fibromyalgia: a prospective observational study. *Clin Exp Rheumatol.* 2020;38 Suppl 123(1):53-59.
5. Salaffi F, Di Carlo M, Farah S, Marotto D, Giorgi V, Sarzi-Puttini P. Exercise therapy in fibromyalgia patients: comparison of a web-based intervention with usual care. *Clin Exp Rheumatol.* 2020;38 Suppl 123(1):86-93.

Level of English proficiency

First Certificate in English – Mark: A

LISTENING	READING	SPEAKING	WRITING
C1	C1	C1	C1

Autorizzo il trattamento dei miei dati personali ai sensi dell’art. 13 d. lgs. 30 giugno 2003 n°196 – “Codice in materia di protezione dei dati personali” e dell’art. 13 GDPR 679/16 – “Regolamento europeo sulla protezione dei dati personali”.

Skills

- **Multitasking:**
 - Candidate worked on numerous research projects and designed study protocols, while at the same time attending a 3 month-long, 20-hour/week enabling internship in order to become a recognized Italian doctor.
 - While carrying out her Medical Degree, the candidate also completed her recognized Conservatory degree in Piano studies, effectively becoming a full-fledged certified piano teacher.
 - Candidate prepared her experimental degree thesis at the same time as she prepared a piano concert for the prestigious event PianoCityMilano 2019.

- **Adaptability to new challenges:** other than clinical research, the candidate has been active in:

Education:

- Preparation of Rheumatology lesson for the Universities of Medicine and Podology.
- Assistant examiner to the Rheumatology oral and written exams
- Current thesis co-advisor to a Nursing student's Degree thesis: "Psycho-educational intervention in fibromyalgia patients treated with cannabis"

Medicine:

- As carrying out clinical trials, the candidate uses her unique medical background to effectively carry out medical history and physical examination on study candidates, and is able to act preventively if any medical anomalies are present.